



Nutrition Diploma Year 3 - Lecture Plan CORK 2008

NB: Please see course syllabus for full details of module content, aims, objectives & assessments

Exam Re-Sit Date – 30th August 2008

WEEKEND		Saturday (9.30am-5.30pm)	Sunday (9.30am-4.30pm)
NUTRITIONAL THERAPY SEMESTER 3	WE 1 Module 1, Part 1 20 th & 21 st September 2008 Carrigaline Court Hotel	The patient practitioner relationship Taking a case history <i>THIS LECTURE WEEKEND MUST BE ATTENDED AT THE START OF THE ACADEMIC YEAR</i>	Introduction to Reflective Practice
	WE 2 Module 2, part 1 18 th & 19 th October 2008 Carrigaline Court Hotel	Common aetiologies and pathologies in common conditions	Differential diagnosis between common conditions Knowing when to seek further diagnosis
	WE 3 Module 2, part 2 15 th & 16 th November 2008 Carrigaline Court Hotel	Interpreting case histories <ul style="list-style-type: none"> • The naturopathic interpretation • TCM and Ayurvedic considerations • Possible metabolic imbalances • Possible nutrient deficiencies/imbalances • System/organ imbalances/under or over function 	Referrals and collaboration Identifying and referring on red flag conditions
	WE 4 29th November 2008	Supervised Clinical Practice Day Supervisor TBC, Robin hill Clinic	
	WE 5 Module 3, Part 1 13 th & 14 th December 2008 Carrigaline Court Hotel	Designing your therapeutic diet and supplement programme – 1 st consultations and follow-ups Manipulating the diet for therapeutic gain Nutritional supplements	Formatting dietary and supplement information for your client Clarity of explanations
	WE 6 Module 3, Part 2 17 th & 18 th January 2009 Carrigaline Court Hotel	Special nutrients Herbal supplements Difference between practitioner and shop bought brands	Protocols for common conditions Revision for end of semester exam

NUTRITIONAL THERAPY SEMESTER 4	WE 7 Module 1 Part 2 14 th & 15 th February 2009 Carrigaline Court Hotel	The Patient/Practitioner Relationship The psychological aspects of food and eating	Theories on human relationships Theories of psychodynamics
	WE 8 Module 4, Part 1 7 th & 8 th March 2009 Carrigaline Court Hotel	Diagnostic tests <ul style="list-style-type: none"> Recognising and understanding when to use basic diagnostic biochemical tests In clinic tests Orthodox tests Evaluating the usefulness and limitations of different diagnostic tests Interpreting the results 	Biochemical tests continued
	WE 9 21 st & 22 nd March 2009 Robin Hill Clinic	Supervised Clinical Practice observed by Year 1 & 2	Supervised Clinical Practice observed by Year 1 & 2
	WE 10 Module 4, Part 2 4 th & 5 th April 2009 Carrigaline Court Hotel	MOCK EXAM Common prescription drugs – e.g. Warfarin, beta blockers, NSAIDS, anti-depressants Using essential reference texts – i.e. The BNF Drug/nutrient/herb interactions Working with GPs to overcome problems	Common prescription drugs continued
	WE 11 Module 5, Part 1 9 th & 10 th May 2009 Carrigaline Court Hotel	Advanced research <ul style="list-style-type: none"> Statistical analysis Ethics Conducting research in practice MYMOP forms Questionnaires 	Roles and functions of principal agencies in the health and social care sector Registering bodies
	WE 12 23 rd & 24 th May 2009 Robin Hill Clinic	Supervised Clinical Practice observed by Year 1 & 2	Supervised Clinical Practice observed by Year 1 & 2
	WE 13; Module 5, Part 2 6 th & 7 th June 2009 Carrigaline Court Hotel	Business studies Professional Appearance CPD Careers in Nutritional therapy	Business studies continued
	4 th July 2009 Carrigaline Court Hotel	END OF YEAR EXAM	

ASSIGNMENT TIMETABLE

Sem	W/end	Homework collected	In class activity (%age = weighting)	Homework set (%age = weighting)	Sem	W/end	Homework collected	In class activity (%age = weighting)	Homework set (%age = weighting)
3	1			Module 1 (8%)	4	7	Module 3	CA Module 3 part 2 (1%)	
	2	Module 1	CA Module 1 part 1 (1%)	Module 2 (8%)		8		CA Module 1 part 2 (1%)	Module 4 (8%)
	3		CA Module 2 part 1 (1%)			9		Relevant CP Forms	
	4		Relevant CP Forms			10		CA Module 4 part 1 (1%)	
	5	Module 2	CA Module 2 part 2 (1%)	Module 3 (8%)		11	Module 4	CA Module 4 part 2 (1%)	*Module 5 (8%)
	6		CA Module 3 part 1 (1%)			12		Relevant CP Forms	
						13		CA Module 5 (2%)	
						14		EXAM (50%)	

NB – while not all homework/assignments have a weighting attached to the semester grade, ALL have to be completed and passed to successfully complete the academic year.

* To be submitted with Clinical Practice Portfolio after remaining CP